

# THE PORN EPIDEMIC

by: Josh D. McDowell

Facts  
Stats &  
Solutions

## QUOTES



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## WHAT OTHERS ARE SAYING

“The only thing necessary for the triumph of evil is for good men to do nothing.”

-Edmund Burke

“Pornography is the greatest cancer in the church today.”

-Chuck Swindoll

(Source: Conversation with Josh McDowell, May 6, 2015)

“Silence in the face of evil [i.e. pornography] is itself evil – God will not hold us guiltless. Not to speak is to speak. Not to act is to act.”

-Dietrich Bonhoeffer

Concerning pornography, Pastor Jay Dennis says of the church, “We have relinquished our God-given position of leadership.” He also warns pastors, “Lead...or others will.”

“The pursuit of purity is not about the suppression of lust, but the reorientation of one’s life to a larger goal.”

-Dietrich Bonhoeffer

“...the elephant [i.e. pornography] in the room that is rarely publicly discussed in evangelical circles is pornography...”

-Jonathan McLatchie

(Source: Jonathan McLatchie, “Why Pornography Harms”, Christian Apologetics Alliance, September 18, 2014, <http://www.christianapologeticsalliance.com/2014/09/18/why-pornography-harms/>)

“Our churches are in trouble. This is no time to simply wait and pray.”

-Chuck Swindoll

(Source: Conversation with Josh McDowell, May 6, 2015)

“If you preach the gospel in all aspects, with the exception of the issues which deal specifically with your time [i.e. pornography], you are not preaching the gospel at all.”

-Martin Luther

“Carl F. H. Henry was right: ‘The gospel is only good news if it gets there in time.’”

-Jim Denison

(Source: Jim Denison, "Porn Users Have 'Structural Brain Damage,'" Christian Headlines, June 5, 2014, <http://www.christianheadlines.com/columnists/denison-forum/porn-users-have-structural-brain-damage.html>)

"...It is easier to build strong children than repair broken men."

-Leigh Seger

(Source: Leigh Seger, "Slender Man and Other Big Fat Digital Dangers Headed for Your Young Children, Covenant Eyes, June 18, 2014, <http://www.covenanteyes.com/2014/06/18/slenderman-big-fat-internet-dangers-dont-let-kids-get-burned-summer/>)

"Stop and imagine the ugly but very real possibility of some of your own elders and deacons leaving your meetings and going home to surf porn. Think about youth leaders viewing it one minute, and leading a small group with your kids thirty minutes later. It's ruining marriages, destroying relationships, harming youth, and hurting the body of Christ. You hardly need to be reminded that fallen pastors and priests did not 'suddenly' fall. More often than not, pornography played a role in their downward spiral."

-Chuck Swindoll

"...pornography is one of the greatest imediments today to evangelization."

-Matt Fradd, a devout Catholic

(Source: Brandon Sowaiter, 'The Porn Myth Author: Culture at "Tipping Point," Something has to Change Now', The Christian Post, August 3, 2017, <https://www.christianpost.com/news/the-porn-myth-author-culture-at-tipping-point-something-has-to-change-now-interview-194134/>)

"The internet has become the number one universally accepted source of pornography exposure."

-Dr. Jill C. Manning, Ph.D., LMFT

"Porn addicts often obsess over chasing some fantasy so much that they miss out on actual relationships."

-Dr. Jeffrey Satinover of Princeton University

(Source: "Fighting the New Drug: Pornography", First Things, accessed September 26, 2017, <http://firstthings.org/fighting-the-new-drug-pornography/>)

"A few years ago a friend of mine told me of a small men's retreat he attended in Idaho. When the men were challenged in the area of sexual purity, the biggest, toughest looking guy in the room stood up and said 'I'm struggling with porn and I know some of you guys are too, so stand

up if you are and let's deal with this!"

"Half of the forty men in the room came to their feet."

-Mike Genung

(Source: Mike Genung, "How Many Porn Addicts are in Your Church?" Crosswalk, June 17, 2005, <http://www.crosswalk.com/church/pastors-or-leadership/how-many-porn-addicts-are-in-your-church-1336107.html>)

"But that pastor gave me the green light, so I didn't pull any punches. Then, at the end of service, I gave an altar call for people struggling with sexual issues. No one moved at first. Then the dam broke, and they lined up three to four deep at the altar..."

-Dr. Ted Roberts

(Source: Mike Genung, "How Many Porn Addicts are in Your Church?" Crosswalk, June 17, 2005, <http://www.crosswalk.com/church/pastors-or-leadership/how-many-porn-addicts-are-in-your-church-1336107.html>)

"75% said their parents had never discussed Internet pornography with them."

(Source: Put porn in its place," Psychologies, Aug 2010, <http://www.psychologies.co.uk/put-porn-in-its-place>)

"According to data taken from Internet users who took part in the General Social Survey for the year 2000, regular church attenders are 26% less likely to look at porn than non-attenders...but those self-identified as 'fundamentalists' are 91% more likely to look at porn."

(Source: Steven Stack, Ira Wasserman, and Roger Kern, "Adult social bonds and use of Internet pornography." Social Science Quarterly 85 (March 2004): 75-88.) ("Pornography Statistics: 250+ facts, quotes, and statistics about pornography use – 2014 edition, Covenant Eyes, [www.covenanteyes.com](http://www.covenanteyes.com))

"...90% of today's college men and more than 60% of college women in the US saw porn before the age of 18."

-Luke Gilkerson

(Source: Luke Gilkerson, "Pocket Porn: Nearly a Third of Teens Carry Portable X-Rated Theaters, Covenant Eyes, April 15, 2014, <http://www.covenanteyes.com/2014/04/15/porn-pocket/>)

"The number of Christian men viewing pornography virtually mirrors the national average."

(Source: Barna Group, "Pornography Use and Addiction", ProvenMen, 2014, <http://www.provenmen.org/2014pornsurvey/pornography-use-and-addiction/>)

Purity is an attitude of holding oneself to a higher standard than the world sets.” -Jacqueline Anderson

(Source: Anderson, Jacqueline . “Internet Accountability Trains Young Adults to Be Responsible Online.” Covenant Eyes, 26 October 2012, <http://www.covenanteyes.com/2012/10/26/internet-accountability-trains-young-adults-to-be-responsible-online/>)

“If you don't think you can't fall into any kind of sexual temptation, you're either godlier than David, wiser than Solomon, or stronger than Samson.” - Donna Rice Hughes

(Source: Rachel B. Duke, ‘More women lured to pornography addiction,’ The Washington Times, July 11, 2010, [www.washingtontimes.com/news/2010/jul/11/more-womenlured-to-pornography-addiction/?page=2](http://www.washingtontimes.com/news/2010/jul/11/more-womenlured-to-pornography-addiction/?page=2), accessed 5 February 2014)

“We can no longer ask, ‘How should I prepare my child for if they see porn?’ Instead we must ask, ‘How should I prepare my child for when they see porn?’ ...and your neighbor's unsecured Wi-Fi is easy to find.”

-Jen Wilkin

(Source: Jen Wilkin, “Help Your Kids Say ‘No’ to Porn”, The Gospel Coalition, July 17, 2014, <http://www.thegospelcoalition.org/article/help-your-kids-say-no-to-porn>)

“...93 percent of boys and 62 percent of girls were exposed to online pornography during their adolescence.”

-Nick Bilton

(Source: Nick Bilton, “Parenting in the Age of Online Pornography,” NY Times, January 7, 2015, [http://www.nytimes.com/2015/01/08/style/parenting-in-the-age-of-online-porn.html?\\_r=0](http://www.nytimes.com/2015/01/08/style/parenting-in-the-age-of-online-porn.html?_r=0))

“According to Dr. Roberts, churches often treat this issue as a moral one, but fail to recognize it's mainly a brain problem.”

-Terry Cu-Unjieng

(Source: “Why 68% of Christian Men Watch Porn”, Conquer Series, accessed April 5, 2017, <https://conquerseries.com/why-68-percent-of-christian-men-watch-porn/>)

“Porn is shameful, but kids who are curious about it are normal.”

-Kristen

Jenson (Source: August 24, 2017, Protect Young Minds, “Kids Under 10 Make Up 10% of Porn Site Visitors”, <https://protectyoungminds.org/2017/08/24/one-in-ten-visitors-to-porn-sties-age-10-or-under/>)

“...One you know the truth, once you know the truth about this, from that moment on, silence is complicity. You can't ever again say I didn't know.”

-Dr. Mary Anne Layden

(Source: Dr. Mary Anne Layden, Set Free Global Summit speaker, Greensboro, NC, April 5, 2016)

(Mary Anne Layden, PhD is a psychotherapist and Director of Education at the Center of Cognitive Therapy at the University of Pennsylvania. She is the Director of the Sexual Trauma and Psychopathology Program and the Director of the Social Action Committee for Women's Psychological Health. Dr. Layden co-authored the book *Cognitive Therapy of Borderline Personality Disorder* with C. Newman, A. Freeman and S. Morse. She has written numerous chapters on Cognitive Therapy especially on treatment of Borderline Personality Disorder. She has co-authored a chapter with Linnea Smith Called "Adult Survivors of the Child Sexual Exploitation Industry" in Cooper, S et al (Eds) *Medical, Legal & Social Scientific Aspects of Child Sexual Exploitation: A Comprehensive Review of Pornography, Prostitution, and Internet Crimes.*")

"... 'an event [viewing porn] which lasts half a second within five to ten minutes has produced a structural change [in the brain]."

-Dr. Gary Lunch

(Source: [\(Neuroscientist, Dr. Gary Lunch, University of California at Irvine, The Brain: Learning and Memory," The Annenberg/CPB Collection, WNET 1984\) \(Judith A. Reisman, PhD, "The Psychopharmacology of Pornography: A Clear & Present Danger", The Institute for Media Education, January 2000, In Set Free Resources – cannot find online\)](#)

"I had a dad bring his 12-year-old in to see me. The boy had been looking at pornography. I asked when was the first time you saw pornography? 'Fourth grade.' Okay. Do you remember what you saw? 'Yes.' Do you remember where you were? 'Yes, I was on the computer.' Do you remember what it felt like? 'Yeah, it felt like kind of gross, kinda good.'"

"Then I asked him this question: What if Jesus came into your room the day you saw pornography, the very first time? What do you think he would do? And he said: 'Oh my gosh, I don't even want to think about that.' No, really, what would he say? 'Well, he would tell me how bad it is for me. He would tell me how disappointed he is in me. He would tell me that I should know better than that.'"

"He's parroting all the things he's heard. And then he said, 'It's just like I'm taking the nails and nailing them into Jesus' hands. I'm hurting Jesus.' And I looked at this boy and said: You were a kid! You're just a kid. Jesus says whoever causes one of these little ones to sin; it would

be better for them if a millstone were put around their neck and be thrown into the sea. Our Lord would come in the room and he would probably be angry but he would be angry at pornography, not at you.”

-Father Sean Kilcawley

(Source: Father Sean Kilcawley, Set Free Global Summit speaker, Greensboro, NC, April 4-7, 2016)

(Fr. Sean Kilcawley graduated from the United States Military Academy at West Point in 1996 with a BS in Middle East Foreign Area Studies. After serving for three years as an Infantry Officer in the U.S. Army he entered St. Gregory the Great Seminary in Seward, NE as a pre-theologian for the Diocese of Lincoln, NE. Fr. Kilcawley earned a Masters of Divinity and a STB from St. Charles Borromeo Seminary in 2005 and then served the diocese of Lincoln for four years as a High School teacher of religions and parochial vicar. In 2013 Fr. Kilcawley completed an STL (summa cum laude) at the John Paul II Institute for Marriage and Family in Rome. He currently serves as Diocesan Director of the Office of Family Life and Evangelization for the Diocese of Lincoln. He also serves on the board for the Integrity Restored network.)

“Pornography is probably the most common problem that people have in the church...if you talk about alcoholism, it would be say ten or fifteen percent [struggle with alcoholism]. This [pornography] is something that is affecting 60-70% of the people in the church...yet only about 7% of our churches are doing anything about it.”

-Steve Arterburn

(Source: Steve Arterburn, Set Free Global Summit speaker, Greensboro, NC, April 4-7, 2016)

(Steve Arterburn is the founder and chairman of New Life Ministries and host of the #1 nationally syndicated Christian counseling talk show New Life Live! Heard and watched by over 2 million people each week nationwide, on XM and Sirius Satellite radio and on the NRB television network. Steve is also the host of New Life TV, a web-based channel dedicated to transforming lives through God’s truth. Steve is the founder of the Women of Faith Conferences attended by over 4 million people. He also serves as a teaching pastor in Indianapolis, IN. With over 8 million books in print, he has been writing about God’s transformational truth since 1984. Steve’s ministry endeavors focus on identifying and compassionately responding to the needs of those seeking healing and restoration through God’s truth.)

“I think it’s really important to remember that women in your church are struggling with pornography. It’s not if or maybe – statistically speaking

women in your church are struggling. And they are waiting and looking for help. They feel alone and trapped.”

-Jessica Harris

(Source: Jessica Harris, Set Free Global Summit speaker, Greensboro, NC, April 4-7, 2016)

(Jessica Harris is the founder of Beggar’s Daughter, a ministry dedicated to walking with women who have an addiction to pornography. Telling her own story of porn addiction and struggle with lust, Jessica seeks to help other women find hope, healing, and grace. Jessica shares resources and insights from her own journey on the Beggar’s Daughter blog and occasionally travels and speaks on the topic of female lust addiction and how churches can minister to women who struggle. She resides just outside Washington, D.C. where she works as a teacher and serves on the Biblical counseling team in her church. She is the author of *Love Done Right: Devos – A Journey from Lust into the Love of God.*)

“...what it looks like to be the wife behind a man who’s addicted to pornography...And I’d like to tell you what I suspect she *did not* say to you. I suspect that she did not tell you that even though she’s so glad that her husband’s finally getting the help that he needs, that inside she’s screaming: what about me?”

“What about the mess that he chose and I didn’t, and yet I am mired in it? What about the broken heart that I have, and the damage that he’s done to our relationship? I suspect she didn’t tell you that when this secret in their family became unveiled, that she felt a little like an albatross was placed around her neck, and it was squeezing her, and she couldn’t breathe.”

“And she’s so afraid of sharing this pain with anyone because she’s concerned that the ramifications are going to only get worse if others find out. And so she’s dealing with her pain alone.”

-Vicki Tiede

(Source: Vicki Tiede, Set Free Global Summit speaker, Greensboro, NC, April 4-7, 2016) (Vicki Tiede is an inspiring Bible teacher, conference speaker, and author. Her passion is to open the Scriptures with women in order to share God’s grace and enduring faithfulness. She transparently related life experiences that resonate and draw others into a lifelong pursuit of knowing God. Vicki’s candor and humor are a delight to her audiences,

who feel like they've met a new friend, moments after she begins to share a glimpse into her life. She consistently points her audiences back to God's Word and present fresh insights into the Scriptures. Living in Rochester, MN, Vicki is a wife, homeschooling mom, and the coordinator of women's ministries in her local church. Vicki holds Master's degrees in Ministry and in Education.)

"I want people to know that there is incredible hope in this battle. I think so often we see this battle with pornography as something that is so vile and so evil and it is—but we also have to see that in the name of a resurrected Savior and the power of the Holy Spirit we have the victory."

-Jay Dennis

(Source: Jay Dennis, Set Free Global Summit speaker, Greensboro, NC, April 4-7, 2016) (Jay Dennis has been the senior pastor of First Baptist Church, Lakeland, FL since February 1996. Now known as First Baptist Church at the Mall, the over 9000-member congregation worships and ministers to the community of Lakeland, our great nation and the world. He has pastored churches in Texas and Oklahoma and is married to his best friend Angie. They have two grown children – their daughter Emily and her husband, Steven; their son Will, his wife Julia and their daughter Crosby. A popular conference and seminar speaker, Dr. Dennis has authored eight books, including *Our Hardcore Battle Plan* and *Our Hardcore Battle Plan for Wives*. Pastor Jay has a passion to lead men to live lives of moral purity. He has developed a ministry called Join One Million Men, which asks men inside churches of all denominations, to make a commitment to live a pornography-free life.)

"Teens are spending more than one-third of their days using media...nearly nine hours on average (Common Sense Media). (Hayley Tsukayama, "Teens spend nearly nine hours every day consuming media," The Washington Post, November 3, 2015, [www.washingtonpost.com/news/the-switch/wp-2015/11/03/teens-spend-nearly-nine-hours-every-day-consuming-media/](http://www.washingtonpost.com/news/the-switch/wp-2015/11/03/teens-spend-nearly-nine-hours-every-day-consuming-media/))

"According to an online statistics firm, an estimated 40 million people use this drug on a regular basis. It doesn't come in pill form. It can't be smoked, injected, or snorted. And yet neurological data suggest its effects on the brain are strikingly similar to those of synthetic drugs. Indeed, two authorities on the neurochemistry of addiction, Harvey Milkman and Stanley Sunderwirth, claim it is the ability of this drug to influence all three pleasure systems in the brain — arousal, satiation,

and fantasy — that makes it ‘the piece de resistance among the addictions.’” (Anonymous, “National Review: Getting Serious on Pornography,” NPR, March 31, 2010, <http://www.npr.org/templates/story/story.php?storyId=125382361>)

“Earlier this month, the Witherspoon Institute released a report examining ‘the social costs of pornography,’ signed by more than 50 scholars representing a wide array of professions, academic disciplines, and political views. The report details the considerable social costs that pornography exacts upon men, women, and children.” (Anonymous, “National Review: Getting Serious on Pornography,” NPR, March 31, 2010, <http://www.npr.org/templates/story/story.php?storyId=125382361>)

“The findings of the report hit particularly close to home for me. By his own account, my husband of 13 years and high-school sweetheart, was first exposed to pornography around age ten. He viewed it regularly during high school and college — and, although he tried hard to stop, continued to do so throughout the course of our marriage. For the past few years he had taken to sleeping in the basement, distancing himself from me, emotionally and physically. Recently he began to reject my sexual advances outright, claiming he just didn’t ‘feel love’ for me like he used to, and lamenting that he thought of me ‘more as the mother of our children’ than as a sexual partner.” (Anonymous, “National Review: Getting Serious on Pornography,” NPR, March 31, 2010, <http://www.npr.org/templates/story/story.php?storyId=125382361>)

“Then one morning around 2AM he called, intoxicated, from his office to announce that he had ‘developed feelings’ for someone new. The woman he became involved with was an unemployed alcoholic with all the physical qualities of a porn star — bleached blond hair, heavy makeup, provocative clothing, and large breasts. After the revelation, my husband tried to break off his relationship with this woman. But his remorse was short-lived. Within a few months he had moved permanently out of the home he shared with me and our five young children. In retrospect, I believe he succumbed to the allure of the secret fantasy life he had been indulging since his adolescence.” (Anonymous, “National Review: Getting Serious on Pornography,” NPR, March 31, 2010, <http://www.npr.org/templates/story/story.php?storyId=125382361>)

“My husband is not alone. According to Dr. Victor Cline, a nationally renowned clinical psychologist who specializes in sexual addiction, pornography addiction is a process that undergoes four phases. First,

addiction, resulting from early and repeated exposure accompanied by masturbation. Second, escalation, during which the addict requires more frequent porn exposure to achieve the same ‘highs’ and may learn to prefer porn to sexual intercourse. Third, desensitization, during which the addict views as normal what was once considered repulsive or immoral. And finally, the acting-out phase, during which the addict runs an increased risk of making the leap from screen to real life.” (Anonymous, “National Review: Getting Serious on Pornography,” NPR, March 31, 2010, <http://www.npr.org/templates/story/story.php?storyId=125382361>)

“Statistics tell the story. Roughly 80% of college men and 34% of co-eds use porn on campus or off, sanctioned by ‘free speech’ Harvard professors and administrators – that’s campus sex culture! And, ominously, Data4Justice documents may ‘professors and staff...arrested for trading in brutal child sex abuse, including of infants.’” (Judith Gelernter Reisman and Mary E. McAlister, “‘The Exual Revolution’ Gave Us ‘The Rape Culture,’” Breitbart.com, January 1, 2016, <http://www.breitbart.com/big-government/2016/01/01/the-sexual-revolution-gave-us-the-rape-culture/>)

“In 2001, about 40% of adolescents (14-17 years old) in Taiwan reported some exposure to Internet pornography.” (Jane D. Brown, Kelly L. L’Engle, “X-Rated, Sexual Attitudes and behaviors Assocaited with U.S. Early Adolescents’ Exposure to Sexually Explicit Media”, Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

“In the Netherlands, more than half (55%) of adolescents (13-18 years old) had seen at least one of five types of sexually explicit content on the Internet with an average frequency of less than once a month.” (Peter, J., & Valkenburg, P. M. (2006a). Adolescents’ exposure to sexually explicit material on the Internet. Communication Research, 33(2), 178-204) (Jane D. Brown, Kelly L. L’Engle, “X-Rated, Sexual Attitudes and behaviors Assocaited with U.S. Early Adolescents’ Exposure to Sexually Explicit Media”, Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

“In a 2001 study, 70% of 15- to 17-year-olds in the United States said they had ‘accidentally’ seen pornography on the Internet.” (Rideout, V. (2001). Generation RX.com: How young people use the Internet for health information. Menlo Park, CA: Kaiser Family Foundation) (Jane D. Brown, Kelly L. L’Engle, “X-Rated, Sexual Attitudes and behaviors Assocaited with U.S. Early Adolescents’ Exposure to Sexually Explicit Media”, Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

“In another survey, about one-fourth of 10- to 17-year-olds said they had experienced unwanted exposure to pictures of naked people or people having sex while online.” (Mitchell, K. J., Finkelhor, D., & Wolak, J. (2003). The exposure of youth to unwanted sexual material on the Internet: A national survey of risk, impact, and prevention.

Youth & Society, 34(3), 330-358) (Jane D. Brown, Kelly L. L'Engle, "X-Rated, Sexual Attitudes and behaviors Associated with U.S. Early Adolescents' Exposure to Sexually Explicit Media", Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

**"...especially males, seek sexual information in the media as they enter puberty and sexual feelings and relationships become more relevant."**

(Traeen, B., Nilsen, T. S., & Stigum, H. (2006). Use of pornography in traditional media and on the Internet in Norway. Journal of Sex Research, 43(3), 245-254) (Jane D. Brown, Kelly L. L'Engle, "X-Rated, Sexual Attitudes and behaviors Associated with U.S. Early Adolescents' Exposure to Sexually Explicit Media", Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

**"One study of U.S. college students found that males were significantly more likely than females to have used the Internet for viewing sexually explicit media out of curiosity about sex."**

(Goodson, P., McCormick, D., & Evans, A. (2001). Searching for sexually explicit materials on the Internet: An exploratory study of college students' behavior and attitudes. Archives of Sexual Behavior, 30(2), 101-118) (Jane D. Brown, Kelly L. L'Engle, "X-Rated, Sexual Attitudes and behaviors Associated with U.S. Early Adolescents' Exposure to Sexually Explicit Media", Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

**"By age 14, two-thirds (66%) of males and more than one-third (39%) of females reported having seen at least one form of sexually explicit media in the past year."**

(Jane D. Brown, Kelly L. L'Engle, "X-Rated, Sexual Attitudes and behaviors Associated with U.S. Early Adolescents' Exposure to Sexually Explicit Media", Communications Research, Volume 36 No. 1, February 2009, <http://crx.sagepub.com/content/36/1/129.abstract>)

**"...experience more novel sex partners every ten minutes than your hunter-gatherer ancestors experienced in a lifetime."** (Gary Wilson, "Porn Novelty and the Coolidge Effect", Your Brain on Porn, August 8, 2011, <http://www.yourbrainonporn.com/porn-novelty-and-the-coolidge-effect>)

**"An entire generation is growing up that believes that what you see in hardcore pornography is the way that you have sex."**

**-Cindy Gallop, Advertising Executive**

(Source: Guy Kelly, "The Scary Effects of Pornography: How the 21<sup>st</sup> Century's Acute Addiction is Rewiring our Brains", The Telegraph, September 11, 2017, <http://www.telegraph.co.uk/men/thinking-man/scary-effects-pornography-21st-century-acute-addiction-rewiring/>)

**"Research in the United States has shown that 66% of men and 41% of women consume pornography on a monthly basis."** (Paul P. Pornified. New York, NY: Times Books; 2007) (Simone Kühn, PhD; Jürgen Gallinat, PhD, "Brain Structure and Functional Connectivity Associated with Pornography Consumption," JAMA Psychiatry. 2014;71(7):827-834, <http://archpsyc.jamanetwork.com/article.aspx?articleid=1874574>)

“An estimated 50% of all Internet traffic is related to sex.” (McNair B. Striptease Culture. London, United Kingdom: Routledge; 2002) (Simone Kühn, PhD; Jürgen Gallinat, PhD, “Brain Structure and Functional Connectivity Associated with Pornography Consumption,” *JAMA Psychiatry*. 2014;71(7):827-834, <http://archpsyc.jamanetwork.com/article.aspx?articleid=1874574>)

“A 2008 YouGov survey found that 27 per cent of boys were accessing pornography every week, with 5 per cent viewing it every day.” (Sex Education Survey, YouGov 2008) (“Independent Parliamentary Inquiry into Online Child Protection”, Media March, May, 2012, <http://www.mediamarch.org.uk/Images/final-report.pdf>)

“...but one quarter of teenage boys in this study said that they view sexual images online.” (Livingstone, S., Haddon, L., Gorzig, A., and Olafsson, K. (2011) EU Kids Online, Risks and Safety on the Internet: The Perspective of European Children 2011) (“Independent Parliamentary Inquiry into Online Child Protection”, Media March, May, 2012, <http://www.mediamarch.org.uk/Images/final-report.pdf>)

“Smaller scale and more anecdotal studies suggest four out of five children aged 14-16 regularly access online porn at home.” (Psychologies Magazine, July 2010) (“Independent Parliamentary Inquiry into Online Child Protection”, Media March, May, 2012, <http://www.mediamarch.org.uk/Images/final-report.pdf>)

“Recent research last year in a magazine said that one out of three 10 year olds have viewed porn and 81% of 14-16 year olds have looked at pornography at home.” (“Independent Parliamentary Inquiry into Online Child Protection”, Media March, May, 2012, <http://www.mediamarch.org.uk/Images/final-report.pdf>)

“Several years ago a seminary professor told me: ‘We no longer ask our entering students if they are struggling with pornography, we assume every student is struggling. The question we ask: How serious is the struggle?’” (Harry Schaumburg, “Sexual Sin in the Ministry”, *Desiring God*, March 6, 2012, <http://www.desiringgod.org/articles/sexual-sin-in-the-ministry>)

“One missions agency told me that 80% of their applicants voluntarily indicate a struggle with pornography, resulting in staff shortages on the field.” (Harry Schaumburg, “Sexual Sin in the Ministry”, *Desiring God*, March 6, 2012, <http://www.desiringgod.org/articles/sexual-sin-in-the-ministry>)

“‘A Warm and Communicative parent-child relationship is the most important nontechnical means that parents can use to deal with the challenges of the sexualized media environment.’ – Dr. Patricia Greefield”

“Is masturbation wrong? I cannot imagine sexual orgasm in the loins without sexual image in the mind.” – John Piper

(“Missions and Masturbation”, Desiring God, September 10, 1984, <http://www.desiringgod.org/articles/missions-and-masturbation>)

“Pornography promises orgasm without intimacy.” – Russell Moore

(“Fake Love, Fake War”, Desiring God, May 25, 2012, <http://www.desiringgod.org/articles/fake-love-fake-war-why-so-many-men-are-addicted-to-internet-porn-and-video-games>)

“Satan isn’t a creator but a plagiarist. His power is parasitic, latching on to good impulses and directing them toward his own purpose.” – Russell

Moore (“Fake Love, Fake War”, Desiring God, May 25, 2012, <http://www.desiringgod.org/articles/fake-love-fake-war-why-so-many-men-are-addicted-to-internet-porn-and-video-games>)

“A man who learns to be a lover through porn will simultaneously love everyone and no one.” – Russell Moore

(“Fake Love, Fake War”, Desiring God, May 25, 2012, <http://www.desiringgod.org/articles/fake-love-fake-war-why-so-many-men-are-addicted-to-internet-porn-and-video-games>)

“Modern science allows us to understand that the underlying nature of an addiction to pornography is chemically nearly identical to a heroin addiction” – Dr. Jeffrey Satinover’s testimony to the U.S. Senate in 2004

“‘Porn has controlled me for more than half my life.’ ‘I can’t look at *anyone* without thinking sexual thoughts.’” – Student Quotes

(Nate Herbst, “Beating Pornography” Sermon, Sermon Central, <https://www.sermoncentral.com/sermons/beating-pornography-nate-herbst-sermon-on-pornography-131769>)

“Guard your eyes. Job 31:1 – Choose what you’ll look at.”

“Guard your mind. 2 Cor. 10:5 – Choose What you’ll thank about.”

“Guard your heart. Pr. 4:23-27 – Choose what you desire.” (Nate Herbst, “Beating Pornography” Sermon, Sermon Central, <https://www.sermoncentral.com/sermons/beating-pornography-nate-herbst-sermon-on-pornography-131769>)

“B. Sexual temptation and addiction are not new problems.”

“1. The strongest man in the Bible, Samson, had a problem with this.”

“2. The smartest man in the Bible, King Solomon, was lead astray by these things.”

“3. And the man described as a man after God’s own heart, King David, took a big fall into sexual sin.” (David Owens, “Lust Makeover”, Sermon Central, March 3, 2014, <https://www.sermoncentral.com/sermons/lust-makeover-david-owens-sermon-on-pornography-183576?page=2>)

“We need to Replace Impure Attractions with Holier Pursuits.”

(David Owens, “Lust Makeover”, Sermon Central, March 3, 2014, <https://www.sermoncentral.com/sermons/lust-makeover-david-owens-sermon-on-pornography-183576?page=2>)

“A sure sign of recovery is that the addict no long has a secret life.” –

Patrick Carnes (David Owens, “Lust Makeover”, Sermon Central, March 3, 2014, <https://www.sermoncentral.com/sermons/lust-makeover-david-owens-sermon-on-pornography-183576?page=2>)

“...many cures do not deal with deliverance from the addiction, but simply suppression of the addiction.” (Emile Wolfaardt, “The Pornographic Battle”, Sermon Central, May 8, 2009, <https://www.sermoncentral.com/sermons/the-pornographic-battle-emile-wolfaardt-sermon-on-pornography-135001>)

Accountability is never something that is put on you, it is something you offer someone else – to hold you accountable.” (Emile Wolfaardt, “The Pornographic Battle”, Sermon Central, May 8, 2009, <https://www.sermoncentral.com/sermons/the-pornographic-battle-emile-wolfaardt-sermon-on-pornography-135001>)

Pornography is one of the most effective tools in the hands of satan as he came to kill, steal and destroy.” (Emile Wolfaardt, “The Pornographic Battle”, Sermon Central, May 8, 2009, <https://www.sermoncentral.com/sermons/the-pornographic-battle-emile-wolfaardt-sermon-on-pornography-135001>)

“I want you to know you are [always] within earshot with Jesus” (Brad Froese, “Porn Sunday”, Sermon Central, June 29, 2006, <https://www.sermoncentral.com/sermons/porn-sunday-brad-froese-sermon-on-pornography-92630>)

“The simple answer is sexual sin is Jesus. But the road back home from sexual sin to Jesus is not a simple road, and the path to recovery, as with that of any life controlling habit, is difficult and often times very painful.”

(Brad Froese, “Porn Sunday”, Sermon Central, June 29, 2006, <https://www.sermoncentral.com/sermons/porn-sunday-brad-froese-sermon-on-pornography-92630>)

“The message of the gospel collided with my appetites when I was fifteen.”

(Jimmy Needham, “Our Odyssey Against Sexual Temptation”, Desiring God, June 17, 2015, <http://www.desiringgod.org/articles/our-odyssey-against-sexual-temptation>)

“Paul Fishbein, founder of Adult Video News, is right when he says, ‘Porn doesn’t have a demographic—it goes across all demographics.’” (Rich Frank. “Naked Capitalists: There’s no Business like Porn Business.” *New York Times*, May 20, 2001. <http://www.nytimes.com/2001/05/20/magazine/20PORN.html> (accessed November 18, 2011).)

“God is not the enemy of pleasure. He is the Creator of it.” (Luke Gilkerson, “Your Brain on Porn”, Covenant Eyes, Accessed July 29, 2016, <http://www.covenanteyes.com/brain-ebook/>)

“Pornography essentially trains men and women to be consumers not lovers; to treat sex as a commodity, not lovers;” (Covenant Eyes official website, “Sexual Sabotage: Pornography, Impotence, and the Mad Scientist Who Started It All,” Interview with Dr. Judith Reisman on Covenant Eyes Radio, Episode 99. <http://www.covenanteyes.com/2011/04/09/sexual-sabotage-pornography-impotence-and-the-mad-scientist-who-started-it-all> (accessed November 18, 2011).)

“Solomon was a man who was richer than Bill Gates, more spiritually influential than Billy Graham, smarter than Einstein, and yet he had a harem bigger than Hugh Hefner’s.” (Luke Gilkerson, “Your Brain on Porn”, Covenant Eyes, Accessed July 29, 2016, <http://www.covenanteyes.com/brain-ebook/>)

“As one 17-year-old girl put it ‘There’s a positive side to sexting. You can’t get pregnant from it, and you can’t transmit STDs. It’s a kind of safe sex.’” (“What They’re Saying About Sexting” *New York Times*, March 26, 2011. <http://www.nytimes.com/2011/03/27/us/27sextingqanda.html> (accessed November 18, 2011).)

“‘Free porn’ is a misnomer. Pornography always costs somebody something.” (Luke Gilkerson, “Your Brain on Porn”, Covenant Eyes, Accessed July 29, 2016, <http://www.covenanteyes.com/brain-ebook/>)

“Naomi Wolf, writing for *New York Magazine*, puts it best: ‘Today real naked women are just bad porn.’” (Luke Gilkerson, “Your Brain on Porn”, Covenant Eyes, Accessed July 29, 2016, <http://www.covenanteyes.com/brain-ebook/>)

“True love leads us to serve one another ... Lust leads us to *use* one another...” (Luke Gilkerson, “Your Brain on Porn”, Covenant Eyes, Accessed July 29, 2016, <http://www.covenanteyes.com/brain-ebook/>)

“All women become potential porn stars in the minds of these men.” (William M. Struthers, *Wired for Intimacy: How Pornography Hijacks the Male Brain* (Downers Grove: InterVarsity Press, 2009), 85.)

“A prominent porn industry producer [(Tongue, S. (2015). Utherverse: Brian Shuster Looks to the Next Big Wave in Porn. Xbiz. October 30, 2015.)] brags that bringing virtual reality to porn is a game changer as big as the creation of the Internet.” (John D. Foubert, “How Pornography Harms”, John Foubert, April 2016, <http://www.johnfoubert.com/how-porn-harms>)

“Pornography makes violence sexy.” – Dr. Mary Ann Layden (John D. Foubert, “How Pornography Harms”, John Foubert, April 2016, <http://www.johnfoubert.com/how-porn-harms>)

“Child Pornography has become one of the largest social concerns on Earth” (Hewitt, C., & Marcum, C.D. (2016). Child Pornography. *The Encyclopedia of Crime & Punishment*.) (John D. Foubert, “How Pornography Harms”, John Foubert, April 2016, <http://www.johnfoubert.com/how-porn-harms>)

“Pope John Paul II had a quote, ‘Pornography is not bad because it shows too much, but that is shows to little of a person’” (John D. Foubert, “How Pornography Harms”, John Foubert, April 2016, <http://www.johnfoubert.com/how-porn-harms>)

“Martin Luther said, ‘You can’t keep a bird from flying over you head, but you can keep him from building a nest in your hair’.” (Ken Ritz, “Overcoming Pornography”, Sermon Central, December 30, 2005, <https://www.sermoncentral.com/sermons/overcoming-pornography-ken-ritz-sermon-on-sin-bondage-to-86849?page=3>)

“Lust has more power in the dark than in the light.” (Rick Thiessen, “My Secret Sex Sin”, Sermon Central, October 19, 2006, <https://www.sermoncentral.com/sermons/my-secret-sex-sin-rick-thiessen-sermon-on-pornography-96635>)

“Porn is destructive to a man’s capacities to love a woman purely for herself.” – John Piper (Tony Reinke, “Is my Boyfriend’s Porn a Marriage Deal-Breaker? (As Pastor John)”, Desiring God, June 29, 2013, <http://www.desiringgod.org/articles/is-my-boyfriend-s-porn-a-marriage-deal-breaker-ask-pastor-john>)

“...if he hasn’t cultivated a kind of pure love for his wife, for herself, as she is, then his eyes are going to be cruising continually beyond what she has to offer him at age 40 and 50 and 60.” – John Piper (Tony Reinke, “Is my Boyfriend’s Porn a Marriage Deal-Breaker? (As Pastor John)”, Desiring God, June 29, 2013, <http://www.desiringgod.org/articles/is-my-boyfriend-s-porn-a-marriage-deal-breaker-ask-pastor-john>)

“A woman feels profoundly compromised when a man says to her, ‘No, I really need more than you can offer me.’” – John Piper (Tony Reinke, “Is my Boyfriend’s Porn a Marriage Deal-Breaker? (As Pastor John)”, Desiring God, June 29, 2013, <http://www.desiringgod.org/articles/is-my-boyfriend-s-porn-a-marriage-deal-breaker-ask-pastor-john>)

“Christian Hedonism says we make a god out of whatever we find most joy in.” – John Piper (Tony Reinke, “Is my Boyfriend’s Porn a Marriage Deal-Breaker? (As Pastor John)”, Desiring God, June 29, 2013, <http://www.desiringgod.org/articles/is-my-boyfriend-s-porn-a-marriage-deal-breaker-ask-pastor-john>)

“‘Jesus’ grace to change you is stronger than pornography’s power to destroy you.’” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“‘Until God is your chief concern – until sinning against him is what makes your heart break – you will never turn the corner.’” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“‘Employing radical measures is the path to life, while indulging sin is the path to hell.’” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“God does not forbid sexual immorality because he wants you to be miserable; God forbids it because sexual immorality leads to brokenness, sadness, emptiness, death, and hell.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“I have no statistics on how long the average career is for actresses in pornography, but I’ll bet it’s pretty short. I’m confident there are no porn actresses who are sixty years old. Probably not even forty. Why not? Because selfish men who consume porn like their women young. For such men, there’s no interest in wrinkles, liver spots, or white hair. There’s no attraction in crow’s feet, varicose veins, and sagging skin. In other words, there’s no interest in real women.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“God does not ‘hate’ sex; he hates faithless sex with forbidden women, but he loves faithful sexual expressions in the context of marriage. God loves it so much that he commands, not just that it happen, but that it be enjoyed to the point of intoxication.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“Only arrogant men look at pornography.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“It is impossible to look at porn and be humble.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

**Q**“Porn is the trading of gratitude for greed.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“This is the vicious cycle of lust. Lust never has what it wants because it never had enough.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“Lust steals joy by creating an endless state of discontentment in the constant search for the one next thing you don’t have yet.” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“Pornography is a wholly selfish act that eclipses the concerns, needs, and well-being of everyone around you (1 Thessalonians 4:3-7).” – Heath Lambert, Finally Free: Fighting for Purity with the Power of Grace (Tony Reinke, “20 Quotes from Finally Free”, Desiring God, June 27, 2013, <http://www.desiringgod.org/articles/20-quotes-from-finally-free>)

“...sin disguises itself as ‘free’ – free of cost, free of accountability, and free of consequences.” – Cam Triggs (Cam Triggs, “No Such Thing as Free Porn”, Desiring God, August 19, 2015, <http://www.desiringgod.org/articles/no-such-thing-as-free-porn>)

“A wise Puritan said, ‘Satan presents the bait and hides the hook.’ He is a crafty enemy that presents immediate pleasure, yet hides catastrophic consequences. There are few lies greater today than the myth that porn is free.” – Cam Triggs (Cam Triggs, “No Such Thing as Free Porn”, Desiring God, August 19, 2015, <http://www.desiringgod.org/articles/no-such-thing-as-free-porn>)

“Please note that the Bible does not condemn the human body.

God does not condemn sex.

He does not condemn its enjoyment.

But God does condemn our obsession with it.”(Paul Decker, “Sexual Chaos”, Sermon Central, October 9, 2005, <https://www.sermoncentral.com/sermons/sexual-chaos-paul-decker-sermon-on-pornography-83843>)

“There is always one more picture to turn to...

There is always one more video to watch...

There is always one more website to click on...

You will never have enough.”(Paul Decker, “Sexual Chaos”, Sermon Central, October 9,

2005, <https://www.sermoncentral.com/sermons/sexual-chaos-paul-decker-sermon-on-pornography-83843>)

“Purity is safe. Impurity is risky. Purity always helps us. Impurity always hurts us. Purity is always smart; impurity is always stupid.” – Randy Alcorn (Paul Decker, “Sexual Chaos”, Sermon Central, October 9, 2005, <https://www.sermoncentral.com/sermons/sexual-chaos-paul-decker-sermon-on-pornography-83843>)

“You’re not preparing kids for 6-7 years [to stop porn] but for years [to come] – needs to be a lot deeper and broader than our parents just 10 years ago.”

“Drink out the cistern, a deep well ‘I didn’t know how to turn it off.’”

“When I started to write a suicide note to my 2 boys...I woke up.”

“God loves addicts, but he will deal ruthlessly with his/her addiction.” – Ted Roberts

“If we can keep tobacco out of their lungs, why can’t we keep pornography from their minds.” – Don Hilton

“‘My pleasure is more important than someone else [Porn actors] pain.’ The porn actors, wife, children.” – Mary Ann Layden

“You will never have the comfort of my silence again.” – Mary Ann Layden

“There is no fleeing from one pleasure without also fleeing to a greater pleasure.” (Jimmy Needham, “Our Odyssey Against Sexual Temptation”, Desiring God, June 17, 2015, <http://www.desiringgod.org/articles/our-odyssey-against-sexual-temptation>)

*“When I’m with a girl, I’ll wish I was watching pornography, because I’ll never get rejected,”* he explained. The brains of young men are actually becoming *‘digitally rewired’* by these new pastimes.” (“Porn and video game addicts risk ‘masculinity crisis’, says Stanford Professor”, RT Question More, May 10, 2015, <https://www.rt.com/news/257269-porn-gaming-study-youth/>)

“...psychologist’s call Internet pornography the new crack cocaine.” (“Pornography: A Public Health Crisis”, National Center on Sexual Exploitation, July 14, 2015, <http://shop.endsexualexploitation.org/collections/frontpage/products/pornography-a-public-health-crisis-how-porn-fuels-sex-trafficking-child-exploitation-sexual-violence-booklet-and-free-download?variant=8300519939>)

**“I specialize in the treatment of sexual violence victims and perpetrators. I had been doing this work for more than 10 years before I realized that I had not treated one case of sexual violence that did not include pornography.”**

(Dr. Mary Anne Layden, “Pornography and Crime, Reporting the presence of pornography connected to crime”, American Family Association of Kansas & Missouri, February, 2013, <http://afa-ksmo.net/wp-content/uploads/2013/02/ML-Legislative-Testimony.Kansas.2.2013.pdf>)

**“Pornography is an equal opportunity toxin for both males and females.”** (Dr. Mary Anne Layden, “Pornography and Crime, Reporting the presence of pornography connected to crime”, American Family Association of Kansas & Missouri, February, 2013, <http://afa-ksmo.net/wp-content/uploads/2013/02/ML-Legislative-Testimony.Kansas.2.2013.pdf>)

**“...The problem isn’t below the belt, where Viagra works, nor is the problem really psychological,’ he said in his TEDx Talk. ‘It’s due to physical changes in the brain, those addiction-related changes. Their numb brains are sending weaker and weaker signals to their [penises].”** (Heather Schroering, “The Porn Problem,” Chicago Tribune, July 14, 2015, [www.chicagotribune.com/news/redeye-porn-addiction-20150714-story.html#page=1](http://www.chicagotribune.com/news/redeye-porn-addiction-20150714-story.html#page=1))

**“In pornography, women exist to please men. They have no needs; they don't get pregnant. But that young woman being lusted after is someone's daughter. She is made in the image of God and has value. She is not an object to desire, but a woman to be loved and cherished.”** (Meredith Curtis, “5 Ways Pornography Devastates Lives”, Charisma News, June 23, 2015, <http://www.charismanews.com/opinion/50198-5-ways-pornography-devastates-lives>)

**“Keep in mind also, that humans evolved to learn by watching others doing things, so videos are more powerful ‘how to’ lessons than stills.”** (Gary Wilson, “Your Brain on Porn,” Commonwealth Publishing, 2014, p79)

**“I’m no longer with my wife; I’m inside my own head.”** (Kirsten Anderson, “GQ Magazine tells men: Quit watching porn before it ruins your sex life”, Life Site News, December 13, 2013, <https://www.lifesitenews.com/news/gq-magazine-tells-men-quit-watching-porn-before-it-ruins-your-sex-life>)

**“It’s like I’ve got this ‘other woman’ ... and the ‘other woman’ is porn.”** (Kirsten Anderson, “GQ Magazine tells men: Quit watching porn before it ruins your sex life”, Life Site News, December 13, 2013, <https://www.lifesitenews.com/news/gq-magazine-tells-men-quit-watching-porn-before-it-ruins-your-sex-life>)

**“Don’t be fooled. You’ll never be good at loving one person well when you’re constantly being entertained by a digital harem.”** (Matt Fradd, “5 Ways Watching Porn is Terrible for your Romantic Relationships”, Life Site News, April 23, 2015, <https://www.lifesitenews.com/blogs/5-ways-watching-porn-is-terrible-for-your-romantic-relationships>)

“From the invention of halftone printing in the 1880s (allowing for the creation of the first pornographic magazines), to the silent ‘stag films’ of the early 20th century, to home video players in the 70s, pornography has always ridden on the heels of new technology. Damon Brown, a regular writer for Playboy, correctly states, ‘If we invent a machine, the first thing we are going to do—after making a profit—is use it to watch porn.’” (Damon Brown, “PCs in Ecstasy: The Evolution of Sex in PC Games.” Computer Games, May 2006.) (Luke Gilkerson, “When Your Child is Looking at Porn”, Covenant Eyes, 2013, <http://www.covenanteyes.com/when-your-child-is-looking-at-porn/>)

Three CRU country leaders from Middle Eastern countries approached me at the Set Free Summit: *Josh, these two days have been eye-openers for us. We now realize that the greatest enemy to our ministry is not ISIS...it is pornography. ISIS can kill our bodies, but porn will destroy our soul and the effectiveness of our ministry.*

“We’re not religious. We don’t judge. We’ve been avid Porn fans for most of our lives. But we just know the benefit of living a life without it and want you to experience it too.” (Sean Russell, “The Top 10 Reason to Stop Watching Porn”, Men Provement, August 29, 2013, <http://www.menprovement.com/the-top-10-reasons-to-stop-watching-porn/>)

“Try it. If it doesn’t work, porn will be waiting for you right where you left it.” (Sean Russell, “The Top 10 Reason to Stop Watching Porn”, Men Provement, August 29, 2013, <http://www.menprovement.com/the-top-10-reasons-to-stop-watching-porn/>)

“There’s so many ways you will improve by just dropping one thing out of your life, it’s incredible. It seems so obvious and crazy that not everybody does it. But porn is so addicting and drawing which is why most men will never quit. But you can.” (Sean Russell, “The Top 10 Reason to Stop Watching Porn”, Men Provement, August 29, 2013, <http://www.menprovement.com/the-top-10-reasons-to-stop-watching-porn/>)

“Being free, doesn’t mean that you are no longer tempted. It means that you know how to handle the temptation and you are aware you have power over it. You are not a victim to your temptation any more.” (“Top Pornography FAQ’s – What About Pornography”, Moral Revolution, Accessed November 13, 2015, <http://moralrevolution.com/pornography-faqs/>)

“The pastor basically said this hot potato is too hot to handle” (Timothy C. Morgan, “Porn’s Stranglehold”, Christianity Today, March 7, 2008, <http://www.christianitytoday.com/ct/2008/march/20.7.html>)

“Dr. Henry A. Bowman said, ‘No really intelligent person will burn a cathedral to fry an egg, even to satisfy a ravenous appetite,’ yet the flamethrower of pornography is torching many cathedrals of marital, parental, and familial love today.” (Donald L. Hilton, Jr., “Slave Master – How Pornography Drugs & Changes Your Brain,” Salvo 13, Summer 2010, <http://www.salvomag.com/new/articles/salvo13/13hilton.php>)

“One recovered user on my website recommended this tongue-in-cheek warning for porn videos:”

“SURGEON GENERAL'S WARNING: Habitual use of this product may adversely affect your perceptions about the opposite sex and significantly reduce the amount of pleasure you are able to experience from normal activities and through normal social interactions.”

(Marnia Robinson, “Pornography and Addiction: Brain Chemistry Research and Porn”, Scribd, April 28, 2010, <http://www.scribd.com/doc/32712148/Pornography-and-Addiction-Brain-Chemistry-Research-and-Porn-by-Marnia-Robinson#scribd>)

“In 2009, a highly regarded German sexologist made the same point in an interview:”

“What is the most urgent thing to be done?”

“There ought be a warning notice on every porn video, and before any pornographic Internet clip there should also be a warning: ‘The viewing of pornography can inflict considerable harm to your sexual health!’ We do have sufficient facts that would justify such a warning.”

(<http://www.zeit.de/zeit-wissen/2009/03/Aufklaerung-Kasten-Interview>) (Marnia Robinson, “Pornography and Addiction: Brain Chemistry Research and Porn”, Scribd, April 28, 2010, <http://www.scribd.com/doc/32712148/Pornography-and-Addiction-Brain-Chemistry-Research-and-Porn-by-Marnia-Robinson#scribd>)

“Dallin H. Oaks [from the Church of Jesus Christ of Latter-day Saints] explained it as follows, ‘A person [with a pornography addiction] is like a tree that bends easily in the wind. On a windy and rainy day, the tree bends so deeply against the ground that the leaves become soiled with mud... If we focus only on cleaning the leaves, the weakness in the tree that allowed it to bend and soil its leaves may remain. Similarly, a person who is merely sorry to be soiled by [their addiction] will [slip] again in the next high wind.

The susceptibility to repetition continues until the tree has been strengthened.” (“Safety Net – Resources to Protect Your Family from Pornography,” Healthy Sandy Partnership, [www.healthysandy.org/fileadmin/downloads/healthy\\_sandy/Ecclesiastical\\_Packet.pdf](http://www.healthysandy.org/fileadmin/downloads/healthy_sandy/Ecclesiastical_Packet.pdf))

“It was in this subjugation of the secular to the sacred, of the limbic to the lobe, that they peaked in their self-control and, therefore, in their self-determination.” (Donald L. Hilton, Jr., “Slave Master – How Pornography Drugs & Changes Your Brain,” Salvo 13, Summer 2010, <http://www.salvomag.com/new/articles/salvo13/13hilton.php>)

“...pornography is one of the greatest impediments today to evangelization.” Matt Fradd, The Porn Myth

“We're not made to masturbate to pixels. We are made to love. We are made by love, to love, for love.” Matt Fradd, The Porn Myth

“Love is the origin, vocation, and destiny for the Christian, and if we don't get love right, we won't get life right.” Matt Fradd, The Porn Myth

“Sexual desire is not like a physiological sign that one isn't holy yet. If you're not experiencing sexual desire, it is not a sign that you are holy, it's a sign that you are dead.” Matt Fradd, The Porn Myth

“...the greatest myth about porn is that it does not show too much but too little of the human person...” Matt Fradd, The Porn Myth

“And only the degree to which we recognize the dignity of the human person is the degree to which you can recognize that pornography is vile, evil, and demonic.” Matt Fradd, The Porn Myth

“It promises you everything and gives you absolutely nothing” Dr. Ted Roberts, host of the Conquer Series

### **“The Battle Is Joined”**

“While we must continue to fight the good fight legally and societally, we are way beyond avoidance as our only defense. Pornography wants you, it wants your husband or wife, it wants your son and daughter, your grandchildren, and your in-laws. It doesn't share well, and it doesn't leave easily. It is a cruel master, and seeks more slaves.” (Donald L. Hilton, Jr., “Slave

## **“THE BATTLE PLAN: A FIVE STEP APPROACH TO REMOVING PORNOGRAPHY FROM YOUR LIFE” (synopsis)**

1. **Prayer & Fasting:** “In your fight against pornography, prayer and fasting are two powerful weapons.”

“You could say that prayer without fasting is like boxing with one hand tied behind your back, and that fasting without prayer is, well, dieting.”

“Finding Time – in your fight against pornography, prayer and fasting are two powerful weapons. Don’t say, ‘I don’t have time to pray,’ for, if we’re honest, we always find time for that which we love: social media, television, waiting in line for coffee...and sin. From now on, be honest and say ‘I don’t have the love to pray.’ And then tell our Lord that, and plead with him for that love.”

2. **Accountability:** “Allow another person to remind you of who you are and who you desire to be.”

“The Importance of Sharing – This means being transparent with a trusted friend or mentor about your struggles so that they can offer encouragement and support.”

“Find a Friend – Find a friend or mentor you can trust. Ask them to be your accountability partner. Share with this person when you’re struggling and how you’re progressing. Remember, no recovering porn user can be an island! As the Bible says, ‘though a man might prevail against one who is alone, two will withstand him. A threefold cord is not quickly broken’ (Ecclesiastes 4:9-12).

3. **Get Informed:** “It’s important that we not only feed our souls, but our minds as well.”

“Educating yourself on how pornography affects us spiritually, neurologically, and even physically will help convince you to break free from it.”

4. **Counseling:** “There is nothing dishonorable in taking action to be a better person.”

“Sometimes the struggle for purity needs professional help, and there are plenty of good Christian counselors out there who are willing and waiting to give it.”

5. **Perseverance:** “Be patient with yourself, healing won’t take place overnight.”

“Remember that the wounds you have received didn’t come overnight, and the healing won’t take place overnight. It takes time, perseverance, and determination.”

**To receive this free e-book, please visit**

**<http://www.covenanteyes.com/five-step-battle-plan-to-fighting-porn/>**

(Matt Fradd, “The Battle Plan: A Five Step Approach to Removing Pornography From Your Life, Covenant Eyes, accessed March 7, 2016, <http://www.covenanteyes.com/five-step-battle-plan-to-fighting-porn/>)

“‘Children of all ages today have easy access to a wide range of pornography,’ he said. ‘If we as a society shy away from talking about this issue, we are failing the thousands of young people it is affecting.’” (Patrick Howse, “‘Pornography addiction worry’ for tenth of 12 to 13 year-olds”, BBC News, March 31, 2015, [http://www.bbc.com/news/education-32115162?ocid=socialflow\\_facebook](http://www.bbc.com/news/education-32115162?ocid=socialflow_facebook))

“‘I remember the feeling of being sucked in, really wanting that two-minute fix, that numbness I got when I used porn,’ says Caroline. ‘I was stressed out, and I risked being late for my interview, but I pressed play anyway and fast-forwarded it to the bit I wanted. It took two minutes.’ But the relief was to be short-lived. ‘Afterwards I just hated myself for giving in and getting off on images that treated women like pieces of meat. But I kept going back.’” (Tanith Carey, “Why more and more women are using pornography”, The Guardian, April 7, 2011, <http://www.theguardian.com/culture/2011/apr/07/women-addicted-internet-pornography>)

“We may develop a brain problem with moral implications that can’t be healed by moral solutions alone.” (Brett Butcher, World Wide Challenge,

"Purifying Desires -My Journey from Addiction," May 21, 2015,  
<http://worldwidechallenge.org/content/prufitying-desires>)

**1. "I think porn, like anything else, can be enjoyed.** It can be productive for both men and women." —[Scarlett Johansson](#)

**2. "I am the new generation of masturbator.** I've seen it all. Before I make coffee, I've seen more butt holes than a proctologist does in a week." —  
[John Mayer](#)

**3. "I love porn!** You know what I love about hotels? How discreet they are. They always give you that little thing at the bottom — 'Your room will be charged the same as any other room, no titles will be used.'" —[Cameron Diaz](#)

**5. "Pornography is a huge, huge part of our media culture.** The message *Don Jon* is trying to bring to light — and make fun of — is reducing people, especially women, to nothing but sex objects. It happens in music videos, TV shows, movies, and magazines, and so many commercials. Whether it's rated X or approved by the FCC to sell Doritos, the message is the same." —[Joseph Gordon-Levitt](#), on *Don Jon*

**6. "A lot of men take porn as not that important, not that serious, whereas women tend to take it personally.** It's like, 'How can he make love to me after watching something like this?' I think the first time I was aware that [a partner was using porn] I was really shocked because I didn't understand it. Lovemaking for me is related to feelings, and sensations with feelings, and so when you don't have the feelings it becomes animal-like because you're not in touch with your heart.**There's a sad and pathetic side to it.**" [Juliette Binoche](#)

7. **"Guys watch too much porn.** Those girls don't exist. They're not real girls. And that's like us watching romance movies. That's girl porn, because, like, those guys do not exist." —[Miley Cyrus](#)



8. "I like my porn like my comedy: Done by professionals, women who are at the top of their game. So, **I like professional ladies who are enjoying themselves.** I'm not an amateur person. I want everybody to look good and be good at their jobs." —[Amy Poehler](#) [Josh note: How pathetic!!!]

9. "When I travel around the world, there often isn't anything to watch on TV, especially when they don't speak English. But watching porn is fine as it doesn't need words. **It's sort of universal. I watch a lot of it.**" —[Lily Allen](#)

10. "You shouldn't be getting to the porn conversations until well into the relationship, until you feel like you want to spice things up and discover more about each other and talk more about your taste ... I once dated someone who asked, 'What kind of porn do you like?' Then I told him, and he was totally put off by it. If you're going to go there, you have to decide that your fantasies are a safe space to go wherever you want. **And just because you like watching a certain type of porn doesn't mean you want to do it.** And I think men, especially young men, can be quite insecure about those types of things." —[Dita Von Teese](#)

(Iris Goldshtajn, "19 Celebrities Share Their Thoughts on Porn", Cosmopolitan, July 19, 2016, <http://www.cosmopolitan.com/entertainment/celebs/a61572/celebrities-talking-about-porn/>)

*“Before a boy’s voice begins to change, he will likely view some image of a naked woman.”* (JT Waresak, Fatherhood Challenge, Blogs, <http://www.drjamesdobson.org/blogs/the-fatherhood-challenge/the-fatherhood-challenge/2015/08/13/7-essentials-to-porn-proof-your-child>)

*“We should not be ashamed to discuss what God was not ashamed to create.”* ~ Dr. Howard Hendricks

*“If teens argue that watching porn is better than actually having sex, they need to understand that if they are waiting to have sex, pornography will hinder their journey.”* ~Julia Feeser

*“Porn is made to excite passions in the most animalistic ways possible.”* ~ Dustin

*“Porn separates the potential of making life from the act of sex.”* ~Dustin

*“Pornography is an act of consumption of another person.”* ~ Dustin

(Dustin is a lawyer for the federal government. He has an LL.M speciality in international and operational law. Copyright © 2017 The Federalist, a wholly independent division of FDRLST Media, All Rights Reserved.)

*“Dispel the myth that porn is what sex should look like.”* (Laura Nott, Elements Behavioral Health, November 22, 2103, “How to Teach Your Kids About Pornography,” <https://www.elementsbehavioralhealth.com/adolescent-issues/how-to-teach-your-kids-about-pornography/>)

*“Today teenagers are viewing far more pornography than their parents realize. And the porn they’re watching is much more ‘hardcore’ than moms and dads could possibly imagine.”* (Gail Dines, The Conversation, February 24, 2018, “Parents need to start talking to their tweens about the risks of porn”, <https://theconversation.com/parents-need-to-start-talking-to-their-tweens-about-the-risks-of-porn-91888>)

*“So don’t believe the lie anymore. Porn is nothing more than fake sex and lies on videotape. Trust me, I know.”* (Shelley Lubben, Former Porn Actress, <http://www.shelleylubben.com/>, Blazing Grace, <http://www.blazinggrace.org/the%20truth%20behind%20the%20fantasy/>)

*“It’s abundantly clear that pornography is one of the biggest unaddressed problems in the church.”* ~ Joel Hesch, “2014 Pornography Survey of Christian Men

“Porn consumers can get so obsessed chasing flashy fantasies that they miss out on real life and real relationships. Call it the first great lie of porn.”

(“Why Porn is Full of Lies”, Fight the New Drug, August 23, 2017, <https://fightthenewdrug.org/why-porn-is-full-of-lies/>)

“Porn promises immediate satisfaction, endless excitement, and easy intimacy, but in the end, it robs a consumer of all three.” (“Why Porn Leaves Consumers Lonely”, Fight the New Drug, August 23, 2017, <https://fightthenewdrug.org/why-porn-leaves-consumers-lonely/>)

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“Christians have a long history of avoiding and mishandling topics of sexuality.”

“The culture seems to be a more compelling and consistent guide than the church is.”

“Philip Yancey stated, ‘I know of no greater failure among Christians than in presenting a persuasive approach to sexuality.’ (Found at <http://www.christianitytoday.com/ct2003/october/3.46.html> and <https://www.thespruce.com/cohabiting-seniors-not-married-2300508>.)

“Sociologists Mark Regnerus and Jeremy Uecker comment on the most common parental approach to the topic of sex: ‘American parents just can’t bring themselves to have an ongoing dialogue about sexuality with their teenage or young-adult children. Parents much prefer a ‘don’t ask, don’t tell’ policy: We hope our kids won’t ask us about what we did, so we won’t have to tell them. And in return, we won’t ask them about what they’re doing.’” (Mark Regnerus and Jeremy Uecker, *Premarital Sex in America* (New York, New York: Oxford Press) 3.)

“Our silence on sex reinforces the belief that sexuality is dirty and ungodly.”  
“[The church] was silent, shaming and isolating.”

“They don’t blush when there is a sexually-charged commercial during a football game, but they blush when I bring up sex.”

“The simplistic understanding of sexuality is also what leads to legalism and judgmental attitudes. The sexual crisis of our day is not the LGBT agenda or even the widespread use of porn.” When the body of Christ is not willing to engage in these conversations, we allow the enemy to build strongholds in people’s lives.”

“Christians have allowed the world to define sexuality, sexual brokenness, and sexual wholeness for far too long.”

“You know to think biblically about sexuality. When we only focus on theology and truth, we become judgmental and even hypocritical.”

“We engage with sexual issues because they overlap with the Great Commission. We have a mission. He told us to make disciples. Our mission is to exalt Jesus as Lord, Creator, and Savior of every aspect of our lives, including sexuality.”

“But because we are not rooted in God’s truth on sexuality. The sexual behaviors and beliefs of many Christians are virtually indistinguishable from the world.”

“While most churches put an emphasis on discipleship, virtually none extend this discipleship to sexuality.”

“Sexuality is a spiritual battle we have been losing. Why are we losing? Because we don’t know how to fight.”

“Moses challenged the Israelites to this model as he sent them into the pagan land of Canaan:

“Hear, O Israel: The Lord our God, the Lord is one. Love the Lord our God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates (Deut. 6:4-9)”

“As you look at this passage, you will see three practical elements in Moses’s call to discipleship that still apply thousands of years later:

- “A clear understanding of what we believe based on God’s authority”
- “Daily integrating those beliefs into our lives”
- “Teaching and modeling what it looks like to walk according to God’s commands.”

“Sexuality in our world is just plain messed up. God has indeed created a masterpiece called sexuality and His enemy is determined to vandalize it.”

“We have all been sexually harmed by sin.”

“As David Platt wrote, ‘I and every reader of this book are guilty at multiple levels of sexual thought, desire, speech and deed outside of marriage between a husband and wife. None of us are innocent of sexual immorality, and none of us are immune to it.’” (David Platte, Counter Culture, p. 166)

“I am the woman at Jesus’ feet. Weeping and worshipping. Praising the lord that He has the power to forgive my sin and heal my brokenness.”

“Most Christians have never heard in a sermon that God can and does heal sexual wounds.”

The only way to be set free from lies [of porn] is to know the truth.” (John 8:32)

“Integration happens when we stop hiding, when we no longer have a private me and a public me.”

“Grace is best shown and truth is best spoken.”

“As a general guideline, I would say show love always and ask God to whom and when He would have you speak truth.”

“Dr. Mark Yarhouse has devoted his professional life to working with people who have gender dysphoria. He asked transgender Christians, ‘What kind of support would you have like from the church?’ One responded, ‘Someone to cry with me, rather than just denounce me.’” (Mark Yarhouse, Gender Dysphoria (Downer’s Grove, IL: IVP Academic, 2015) 56.)

(Dr. Juli Slattery, Authentic Intimacy, “Rethinking Sexuality God’s Design and Why It Matters”, <https://www.authenticintimacy.com/about-authentic-intimacy>)

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“We can’t spend hours watching strangers engage in the most intimate of acts – often depicted without love or consent – and remain unchanged in the way that we look at and treat others.

Zac Crippen, Assistant Professor, University of Texas at Austin

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## WHAT JOSH IS SAYING

### WHAT JOSH IS SAYING... ABOUT INTERNET PORNOGRAPHY

“The attraction of porn speaks louder than the voice of Christian leaders.”

Josh D. McDowell, October 1, 2015

“Porn is an historic repetition of the tobacco experience of the 40s, 50s, and 60s.”

Josh D. McDowell, December 4, 2015

“The porn epidemic of today dwarfs the cigarette pandemic of the past.”

Josh D. McDowell, December 4, 2015

“Pastors and youth directors are giving wrong and devastating council to those struggling with porn. It cannot be the traditional answer: will power and truth through the Holy Spirit.

Josh D. McDowell, November 18, 2015

“Porn is multi-cultural. ...there is never a need for translation.”

Josh D. McDowell, November 23, 2015

“The deafening silence of Christian leaders is doing as much harm to children and families as all the pornographers combined.”

Josh D. McDowell, October 17, 2015

“We need a Wilberforce and a Bonhoeffer in the church today who have the courage to battle the devastation of porn as they did slavery and Nazi-ism.”

Josh D. McDowell, November 22, 2015

“The silence of the Pope on pornography speaks louder than his voice on climate change and immigration.”

Josh D. McDowell, April 17, 2015

“The stupidity of culture is displayed when a child needs an ID to buy a pack of cigarettes but can freely go to the Internet and be consumed by pornography.”

Josh D. McDowell, December 1, 2015

“The voice of the evangelical speaks loudly about the same-sex marriage, but remains relatively silent about pornography.”

Josh D. McDowell, June 28, 2015

“The hypocrisy of the church is that it is silent about porn, but screaming loudly about same-sex marriage.”

Josh D. McDowell, June 29, 2015

“The younger the viewer of porn, the more devastating his life experience.”

Josh D. McDowell, November 23, 2015

“The porn epidemic of today is like the cigarette revolution of 50 years ago. The intellectual leaders not only condone smoking, but even endorsed it. So it is today with pornography.”

Josh D. McDowell, December 4, 2015

“The silence of church leaders on porn speaks louder than the voices of porn in the marketplace.”

Josh D. McDowell, September 21, 2015

“One of the greatest sins today is the pastor who does not equip parents to biblically, medically, scientifically, culturally and physically to address porn with their children.”

Josh D. McDowell, November 28, 2015

“Failure to address the devastating consequences of porn is far greater than the life-threatening experiment of tobacco and marijuana on our children.”

Josh D. McDowell, November 12, 2015

“The silence is deafening.”

Josh D. McDowell, October 17, 2015

“Pastor, wake up... lead or be led.”  
Josh D. McDowell, December 20, 2015

“The evangelical pastors who do not lead in the battle against porn will have the evil consequences on his shoulders and conscience.”  
Josh D. McDowell, December 30, 2015

“Porn is possibly, the greatest threat to the church in its existence.”  
Josh D. McDowell, December 29, 2015

“Porn strikes at both your morality and your theology.” (How you act and what you believe.)  
Josh D. McDowell, December 31, 2015

“When we give in to our cravings...we give up on our reasoning.”  
Josh D. McDowell, January 8, 2016

“When the city on the hill should shine its brightest (see Matthew 5:14), but when it comes to pornography, it appears to be just a flicker.”  
Josh D. McDowell, January 8, 2016

“We cannot blame the world for the church remaining silent...we [the church] are guilty of jeopardizing and destroying our children’s future.”  
Josh D. McDowell, December 31, 2015

“I would rather build a fence at the top of a cliff than park an ambulance at the bottom.”  
Josh D. McDowell, December 31, 2015

“Knowledge goes before understanding...understanding before change...and change before freedom.”  
Josh D. McDowell, March, 2016

“If the church remains silent on porn, it directly perpetuates child sex trafficking injustices.”  
Josh D. McDowell, January, 2016

“Pornographic arousal short-circuits our capacity to consider its consequences.”

Josh D. McDowell, March 5, 2016

**“They say:** If you don’t like porn, then don’t watch it! **You say:** If you don’t like slavery...don’t own a slave.”

Josh D. McDowell, March 3, 2018

“Any man, woman or child, who indulges in pornography are guilty of victimizing others.”

Josh D. McDowell

“He who cannot control himself... cannot be freely giving to others person.”

Josh D. McDowell

“When you have a woman branded into your mind... you rob yourself of true intimacy with your spouse.”

Josh D. McDowell

- “When we give in to our cravings...we give up on our reasoning.” Let me say that again:

**“When we give in to our cravings...we give up on our reasoning.”**

- From the head of a large conservative denomination:

“Josh, we will be at the Set Free Summit. At our national men's meeting I asked how many of you are struggling with pornography? 90% raised their hands.”

- “Josh can you help me? My son left for university this year. At Christmas he told us he doesn't believe any more. He said, ‘It's all a lie...a myth. None of it is true.’ It staggered us.”

I asked, “Does he watch porn?” “Why do you ask?”

I responded, “Because it is often the case in situations like this.”

“Yes he does, he left his computer open and we found layers of porn.”

- The pastor of a church (500-700 members), recently came to me and said, “Can you help...I don't know what to do about pornography. I don't know how to research it. I don't know how to talk to me people about it.”

His wife added, “Honey, tell him why we approached him.”

The pastor hesitated, looked around and then leaned in towards me, “Josh, my 22-year- old son, who is a youth pastor, just told me he is addicted to pornography. He can't stop. I don't know what to say. I don't know how to talk about it to my people. Can you help me?”

- It was a long walk ... in only four minutes, five different young people at the church approached me and said, “I'm addicted to pornography. Help me...I can't stop!”
- The father of a 10-year-old son said, “My son just told me he has been watching porn for 3 years (since 7 years old).”
- At a Christian school in the Middle East, they took a survey of their 300 middle and high school students. The last two questions were: 1) “Do you watch porn on the internet?” “YES” was the answer by all 300. 2) “Do you want to stop...Need help?” The answer was an overwhelming “NO” by all 300.
- “Pastor, help your people so that the lies of pornography will not be the legacy they leave their children...it's up to you.” “The attraction of porn speaks louder than the voice of some Christian leaders.”
- “The devastating impact of Internet pornography is a **global** phenomenon, and not one country or culture in the world is isolated from its reach.”
- “It is very possible that there is not one church in the world not challenged with pornography.”
- “Adolescents are the most vulnerable to sexually explicit material”

- “Internet pornography has replaced the school, the church and the home as a source of sex education.”
- “Pornography: What gets rewarded gets repeated.”
- “... the user **wants** it [Porn] more and more, even while he or she **likes** it less and less.” (Fight the New Drug, August 23, 2017)
- “...so many people are using porn today, the porn industry is making more money than all professional sports combined.”

“Christians who said pornography is a major problem in the home.: 47%

“Men using pornography has become so normal, that it is almost fashionable to come out and say and admit to using porn.”

(Jeff Logue, Pornography Statistics: Who Uses Porn?”, Southern Assemblies of God University, October 22, 2015, <https://www.sagu.edu/thoughthub/pornography-statistics-who-uses-pornography>)

- “‘I can't describe obsession with the Internet, that unlimited supply,’ he said. ‘It was like there was a drug dealer living in my laptop.’” (Heather Schroering, “The Porn Problem,” Chicago Tribune, July 14, 2015, [www.chicagotribune.com/news/redeye-porn-addiction-20150714-story.html#page=1](http://www.chicagotribune.com/news/redeye-porn-addiction-20150714-story.html#page=1))
- “You don’t have to find pornography, pornography will find you.”  
Josh D. McDowell, August 22, 2018
- “Your children might not be looking for porn, but be sure porn is looking for your children.”  
Josh D. McDowell, August 22, 2018
- “You don’t have to look for porn because porn is looking for you.”  
Josh D. McDowell, August 22, 2018

## Ben Bennett



# BEN BENNETT

## SPEAKER | AUTHOR

Ben grew up in Virginia Beach, Virginia and met Christ at an early age. After being heavily involved in Cru throughout college, and developing a great desire to see college students transformed by the gospel, he joined their staff in 2011.

For over 10 years of his life, Ben battled a porn addiction and other forms of habitual sexual sin before coming to lasting freedom through a Biblical and clinical approach to sexual addiction recovery.

Ben currently resides in Dallas, Texas and serves with Josh McDowell Ministry as an author, speaker, and evangelist supporting the health and restoration of men and women struggling with woundedness, habitual sin, and sexual brokenness.

For more than fifty years, Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry. Ben will serve alongside Josh, writing, speaking and shining the light of Christ into the darkest places, and helping believers be prepared to share with confidence, knowing the reason why Christianity is reliable, relational and relevant to our lives.

### Ben is available to speak on:

iGen for Jesus | Overcoming Sin & Setbacks | You, Me, We | Wholeness In A Sex Saturated World | Relevant, Reliable, Relational: The Bible?



# WHO'S TALKING ABOUT BEN?



*"Ben speaks from personal experience of the freedom Christ offers each and every troubled heart. It is such a delight for me to hear Ben speak for his generation in such a relevant, reliable, and relational way."*

-Dr. Ted Roberts // Pastor, Counselor, and Founder of Pure Desire Ministries

*"While many young people today struggle with hurt, mental health issues, and addictions, few have a story of freedom to share like Ben's that renews hope, gives a roadmap to healing, and inspires next steps. I've personally benefited greatly from what Ben has to share and I think many people in all walks of life will too."*

-Karl Armentrout // Cru National Conference and Events Director

*"My hidden sin had me imprisoned in silence, guilt, and secrets for years. When I attended Ben's session, he shared his journey of liberty from sin, and I felt the Holy Spirit moving and convicting me. Through Ben's personal encouragement and passion for sharing the love of God, I shared my darkest sin with others and began the journey of healing and freedom through Jesus and His wonderful people. Thank you Ben."*

-Marylyn // Texas College Student

## Ben is the author of:

Living Free

FLESH SERIES: Sex, Lust, Porn and The Christian

Josh, Ben, and Jake are launching a movement focused on speaking, equipping, and connecting individuals to solutions to overcoming unwanted struggles.

Through interactive speaking, digital content, and practical next step resources, God is raising up a generation of young people who are passionate about following Jesus wholeheartedly and working through the setbacks and sin that hinder them.



For more information or to book Ben please contact:

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## Jake Kissack



# JAKE KISSACK

## SPEAKER

Jake was raised where the buffalo still do roam. His family owns a 3000 acre cattle ranch in Wyoming. His adventurous heart was pursued and captivated by Jesus as far back as memory serves. His passion to see Jesus bring life to all was bolstered in his master's degree thesis work on how pornography negatively affects the church.

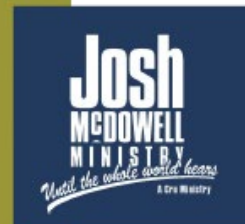
His 13 year journey with a porn addiction crushed his passion and compelled him to seek true freedom, which was found through Christian sexual addiction recovery.

Jake resides in Dallas, Texas and serves with the Josh McDowell ministry as a developing author, speaker, storyteller and evangelist, supporting the health and restoration of men and women struggling with porn and sexual brokenness.

For more than fifty years, Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry. Jake will serve alongside Josh, writing, speaking and shining the light of Christ into the darkest places, and helping believers be prepared to share with confidence, knowing the reason why Christianity is reliable, relational and relevant to our lives.

### Jake is available to speak on:

When God Talks | Empowered to Live Life Fully Alive | Connections that Count  
Wholeness in A Sex Saturated World | Unshakable Truth // Live for Love



# WHO'S TALKING ABOUT JAKE?



*Jake is wholesome, invigorating and smart. His ability to speak is only surpassed by his contagious love for Christ and the Scripture. He wins the hearts and minds of students through stories."*

**-Josh D. McDowell // Author/Speaker**

*Jake communicates with compassion for the wounded and broken and has an authentic desire to see people healed and set free. God's work through his message has been a beacon of hope that has empowered struggling students to find freedom and live wholehearted.*

**-Sherry Broesamle // Field Director of People & Culture, CRU**

*Jake's heart and passion is to participate in and see God heal wounds and restore people.*

**-Austin Adams // Family Pastor, Crossroads Community Church**

*Jake passionately plants seeds of gospel hope and invites people to live whole heartedly for the glory of God. His message is culturally relevant, Gospel focused, and needed wherever young people are gathering!*

**-Kurt Sauder // Author, Speaker, Radio Host, Further Still Ministries**

Josh, Ben, and Jake are launching a movement focused on speaking, equipping, and connecting individuals to solutions to overcoming unwanted struggles.

Through interactive speaking, digital content, and practical next step resources, God is raising up a generation of young people who are passionate about following Jesus wholeheartedly and working through the setbacks and sin that hinder them.



For more information and to book Jake please contact:



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## Alex McClellan



# ALEX MCLELLAN

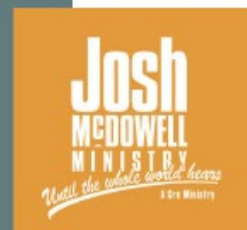
## SPEAKER | AUTHOR

Alex McClellan serves with Josh McDowell Ministry, a Cru ministry (formerly Campus Crusade for Christ). An effective communicator with international experience, Alex is passionate about engaging others with the gospel, and he has joined our team to share the truth of Christ – until the whole world hears.

For more than fifty years, Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry. Alex will serve alongside Josh, writing, speaking and shining the light of Christ into the darkest places, and helping believers be prepared to share with confidence, knowing the reason why Christianity is reliable, relational and relevant to our lives.

### Alex is available to speak on:

You Can Handle the Truth! | How To Find The Meaning Of Life  
Reasons To Believe In The Resurrection | Will The Real Jesus Please Stand Up | How Do You Make Sense of Suffering? | Can We Trust The Bible? | Be Prepared to Share (1 Peter 3) | Be Prepared to Shine (Matthew 5) and more . . .



# WHO'S TALKING ABOUT ALEX?



*"Alex is a winsome and effective communicator who understands how skeptics view the gospel and the questions they raise...I enthusiastically recommend his work."*

—Ravi Zacharias, Ravi Zacharias International Ministry

*"Alex's ministry has been immensely beneficial to the church in helping to train, equip and prepare God's people for the task of bringing the gospel to the world and the world to Christ."*

—Wayne Sutton, Senior Pastor, Carrubbers Christian Centre, Edinburgh, Scotland.

*"Alex is gifted in providing a strong intellectual and culturally relevant expression of the Christian faith and this has been a powerful way for our students to build their own foundation in Christ and His Word."*

—Peter Thomas, National Director, Capernwray Bible School, Australia

## Alex is the author of:

A Jigsaw Guide to Making Sense of the World (InterVarsity Press, 2012)

A Jigsaw Guide to the Meaning of Life (JG2P, 2016)

A Jigsaw Guide to Sharing Your Faith (JG2P, 2016)

Alex and Sheryl have been married for over twenty years and have three children: Sophia, Moriah and Asher. The family lived in Scotland, UK, before relocating to the USA, and they currently reside in San Diego, California.



For more information and to book Alex please contact:



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## Josh McDowell



# JOSH McDOWELL

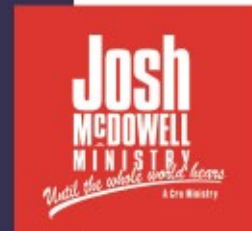
## SPEAKER | AUTHOR

Josh McDowell has been at the forefront of cultural trends and groundbreaking ministry for more than 54 years. He shares the essentials of the Christian faith in everyday language so that people of all ages and stages can know Christ, understand what they believe and why it is true, and learn how to live, share and defend their faith.

Well known as an articulate speaker, Josh has spoken to approximately 35 million people, in 140 countries. Josh has written or co-authored more than 150 books in over 100 languages including *More Than a Carpenter* with over 27 million copies distributed and *Evidence That Demands a Verdict*, named one of the twentieth century's top 40 books and one of the thirteen most influential books of the last 50 years on Christian thought by World Magazine. *Evidence That Demands a Verdict* also just won the 2018 Evangelical Christian Publishers Association award in the Bible Reference Book category.

Josh is available to speak on:

Relationships | Parenting | Reliability of Scripture | My Journey  
Self Image | Sexual Integrity | Truth in Today's Culture



# WHO'S TALKING ABOUT JOSH?



*"This has helped me more than any other kind of seminar on speaking"*  
-Cru Staff Member, Young Communicators Seminar

*"His message spoke to all of us but certainly impacted the hearts and minds of the teens the most."*  
-Alpha Women's Center of Grand Rapids Staff Member

*"Youth leaders and teachers spoke to us for weeks after the dinner telling us his message opened paths to discussion of needs with their groups."*  
- Ministry Leader and Event Host

*"Josh's message was a deep examination of God's truth made relevant for your contemporary, apathetic youth culture."*  
-Tim Rickman, High School Principal, Wesleyan Education Center

**Josh McDowell is an award-winning author and international speaker. He has written or co-written more than 150 books--some in over 100 languages--and has spoken to approximately 35 million people in 140 countries.**

**Josh and his wife Dottie have been married 46 years. They have four children and ten grandchildren.**



For more information and to book Josh please contact:



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